

ELLIL MATHIYAN LAKSHMANAN, PBM (COVID-19)

Nominee for Vice-President, Asia and South Pacific Ostomy Association (ASPOA)

Co-founder & President, Ostomy Association of Singapore | Interim Vice-President, ASPOA | Singapore | Tel: +65 9637 2387

PROFILE

Ostomate since 2011 and double cancer survivor, living with a permanent stoma. Co-founded OAS from personal experience and has spent more than a decade building peer support, ostomy visitor programmes and policy advocacy in Singapore and across the region. Recognised nationally with the Public Service Medal (PBM, COVID-19) and the President's Volunteerism & Philanthropy Award (2024). Personal ethos: No Limits.

Commitment as Vice-President: to strengthen ASPOA member associations through shared training and visitor programmes, advance fair financing of ostomy supplies across the region, and bring the ostomate voice into health policy and research forums.

OSTOMY LEADERSHIP AND REGIONAL EXPERIENCE

- **Interim Vice-President, ASPOA** – regional leadership; planning the ASPOA 2026 Conference in Singapore alongside Stoma Care Week.
- **Co-founder & President, OAS** – leads Singapore's ostomy patient association; launched Ostomy Awareness Day (2015; 10th edition 2025); coordinating body for the Alliance for Colorectal Support and Advocacy (ACSA).
- **Policy advocacy** – leading the case to the Ministry of Health for a national financing framework for essential ostomy consumables.
- **Peer support** – Vice-Chair, SCS Colorectal Support Group (Semicolons); Volunteer Lead, SGH-NCCS CR47; Advisor, CGH Gutsy Warriors.
- **Regional teaching and speaking** – Distinguished Facilitator, Malaysian Enterostomal Therapy Nursing Education Program (METNEP 2025); APETNA, Penang (2025); ASPOA 4th Congress (2023); Coloplast inspirational speaker, Istanbul (2026).
- **Beyond Expeditions** – Gobi Desert Trek (2018), Frozen Expedition (2019) and Inclusive Wheelchair Trek (2021), all with a stoma, raising about S\$146,000 for charity.

NATIONAL AND INTERNATIONAL ROLES

- **Chair, ACE Consumer Panel**, Agency for Care Effectiveness, Ministry of Health (2026–2028)
- **Co-Chair, SingHealth Patient Advocacy Network (SPAN)**; Patient Representative, SingHealth Centre for Person-Centred Care EXCO
- **Member, VOICE Council**, Health Sciences Authority (2026)
- **Steering Committee Member & Patient Partner**, RISE (NCCS / LKCMedicine, NTU)
- **Host Committee Member**, ICHOM 2027 Conference, Singapore
- **Trustee (in process)**, International Cancer Research Partnership (ICRP)
- **Development Group Member (Cancer)**, WHO Package of Interventions for Rehabilitation
- **International Editorial Board**, Journal of Patient Safety & Healthcare Quality

TRAINING AND RECOGNITION

Ostomy and patient training: Certified Ostomy Visitor, ASPOA/IOA Visitor Training Program (2013); ConvaTec Ostomy Training (2015) and me+ Recovery Course (2022); Patient Expert (EUPATI Fellow, 2024); Faculty, SingHealth Duke-NUS IPSQ PACT and BPex programmes; ACTA and CELTA teaching qualifications.

Selected awards: Public Service Medal, PBM (COVID-19), 2023 · President's Volunteerism & Philanthropy Award, People of Good (Senior), 2024 · SCS Make a Difference Award, 2024 · SPAN-Impact Star Award, 2023 · Singapore Patient Advocate Award, 2018 · Global Relay For Life Hero of Hope, 2018 · SGH Inspirational Patient Award, 2017 · CGH Inspirational Hero Patient Award, 2015.